

Application Form

Useful Contacts

I would like to join Carers' Voice. My details are as follows:

Name:

Address:

.....

.....

Telephone number:

.....

Mobile Telephone

.....

Email.....

- I am currently a Carer
- I am a Parent Carer under 25
- I am a Parent Carer over 25
- I am young Carer
- I used to be a Carer

Where did you find out about us?.....

Please return this application form to:

Carers' Voice
 c/o Connected Together
 Moulton Park Business Centre
 Redhouse Road
 Northampton
 NN3 6AQ
 carersvoice@connectedtogether.co.uk



 07856 875132

(Tues am / Thurs – please leave a message at other times)

@ carersvoice@connectedtogether.co.uk

www.connectedtogether.co.uk/carersvoice

Facebook.com/CarersVoiceNorthamptonshire

Northamptonshire Carers



Northamptonshire Carers offer comprehensive support services to Carers living in Northamptonshire. Their **Carers' Support Line** provides a confidential service to support the needs of Carers, including Parent Carers

Carers' Support Line: 01933 677907

General Enquires: 01933 677837

carers@northamptonshire-carers.org

www.northamptonshire-carers.org



**Carers'
Voice
Northamptonshire**

**The louder
our voice
the further
it carries**



Are you a Carer?

Do you look after someone?

The word 'Carer' refers to someone who provides regular, unpaid help and support for a spouse/partner, family member or friend who is frail, has physical or learning disabilities or any illness including mental health, sensory loss, substance misuse or is alcohol dependent.

This also includes Carers with a parental responsibility for a child with a disability. Young people under the age of 18 and children may also be Carers and are known as young Carers.

If you are a Carer you do not have to necessarily do everything on your own.



Carers come from all walks of life and you may benefit from:

- Meeting other Carers
- Knowing where to get help
- Having occasional breaks from caring
- Looking after your own health and wellbeing

What is Carers' Voice?



Carers' Voice is a county-wide organisation, working with Healthwatch Northamptonshire, aiming to improve the services available to Carers by seeking Carers' views and opinions and making sure they get heard.

By joining Carers' Voice you can share your own experiences with other Carers, learn about what support for Carers is available, and raise any issues you have as a Carer.

Your views will be fed back to the Carers' Partnership and Healthwatch Northamptonshire, where they can influence the planning and provision of Carers' Support Services for the future.



Getting Involved!

If you look after someone now or have done in the past (no matter how often or for how long), we can help to get your voice heard and work towards getting Carers a better deal!

The more members we have, the louder our voice and the further it carries.

Join in – Get connected!

- Let us know what areas need improvement
- Tell us your story
- Talk to us informally and in confidence
- Come to our monthly meetings (reasonable travel and sitting expenses paid for)
- Join our mailing list to keep yourself informed what services are out there and how to access them
- Discover what opportunities there are to get involved

Affiliated with

healthwatch
Northamptonshire


Connected Together
First for Community Engagement